## Information from your veterinarian

## Keep pets safe during the holidays

hat brings you and your family joy over the holidays could be deadly for your pet. Below is a list of holiday items and the symptoms they cause if they're ingested. As you're celebrating with your family this holiday season, be mindful of the items below and keep your pet out of harm's way.





Depending on the dose ingested, chocolate can cause vomiting, diarrhea, seizures, hyperactivity, increased thirst and urination, and an increased heart rate.



Toxic lilies can cause kidney failure in cats.



Candies or gum containing the sweetener xylitol can cause a drop in blood sugar, resulting in depression, loss of coordination, and seizures.



Mistletoe and holly berries can cause gastrointestinal upset (vomiting, nausea, diarrhea), cardiovascular problems, and lethargy.



Bones can splinter and cause blockages. Greasy, spicy, and fatty foods can cause an upset stomach.



Considered very low in toxicity, poinsettias might cause mild vomiting or nausea.



Alcohol can cause a pet to go into a coma, possibly resulting in death from respiratory failure.



Christmas tree water may contain fertilizers that can upset a pet's stomach. Stagnant water can also be a breeding ground for bacteria.



Aluminum foil and cellophane wrappers can cause vomiting and intestinal blockage.



Decorations like ribbon or tinsel can become lodged in intestines and cause an obstruction.

©iStockphoto.com/Ivan Mateer; Junji Takemoto; Liza McCorkle; Pali Rao; Richard Simpkins; Michael Guttman; Poitr Rydzkowski; Stephanie Horrocks; Hin de Linse; Pattie Calfy